

Do you want to contribute to an even more inclusive and socially safe environment at Karlstad University?

Become an Inclusion Ambassador!

As an inclusion ambassador, you contribute to reducing involuntary loneliness among fellow students. We all feel lonely at times and long for meaningful connections. The social activities arranged by different student associations do not suit everyone, we humans are different and have different needs. But we all need some kind of community.

As an inclusion ambassador, you work to create safe meeting places where everyone feels welcome and respected regardless of gender, ethnicity, religion, disabilities or other differences. You support students further in finding their social networks.

The assignment is remunerated and includes free training in inclusive leadership and supervision. You can end your assignment at any time, but it is desirable that you remain in the assignment for at least one semester. After completing the assignment, you will receive a certificate signed by the Student Support Unit and the Vice-Chancellor.

You carry out the assignment together with other inclusion ambassadors and staff from the student support unit.

The assignment includes:

- To reach out to program leaders and students to describe what is offered within the framework of the inclusion ambassadorship
- To create concrete meeting places where students who feel that they lack a social context can meet in safe forms. Together you lead simple workshops that promote security and contribute to new contacts being created between students
- To be initiators to support students to continue to have contact with each other in different forms
- To be available between meetings as a safe person to contact for the student who has not yet found their social network.

In short, it is about arranging about 3 meetings per semester and in between partly reach out with information about the inclusion ambassadorship and partly be available from time to time to guide students further in their search for community. You will get tips on a variety of ways to set up safe meeting places through the leadership course and guidance.

Since you are a student yourself, we at the student support unit ensure that you do not spend too much time on the assignment, therefore we have set a maximum limit of 1 hour per week. This means that there may be more hours in the weeks you arrange meeting places and fewer hours in between.

